



Basketball Federation of India

BASKETBALL FEDERATION OF INDIA TO ALL AFFILIATED UNITS

NEW RULES FOR YOUTH AND JUNIOR NATIONALS

With immediate effect as approved in the AGM held at Chennai on 8th June, 2024 with the following exceptions:

1. Basketball Size: Size 7 for Youth Boys & Junior Men.
Size 6 for Youth Girls & Junior Women.
2. A team shall comprise of 12 players.
3. Atleast **TEN** players **MUST** play in every match. **Each of these TEN players MUST play ONE FULL QUARTER. A coach may substitute the other players (11th and 12th player) provided that each of the earlier 10 players has played in one full quarter.**
4. No player can enter the field in all the 4 quarters – as a player or as a substitute i.e., **A player MUST sit out for ONE FULL QUARTER in a match**
5. If a player has not played in the first 3 quarters and is entering the field only in the 4th quarter and if this player **is injured/is disqualified or commits five personal fouls** by which he/she cannot continue playing, then NO substitution is permitted for this player. The team MUST play out the remaining time with reduced number of players.
6. However, **if a player who is injured has already played one full quarter earlier**, may be substituted if injured/commits five fouls/is disqualified. However, if this happens when the player is playing his/her first quarter, then NO substitution for this player will be permitted and the team shall play the remaining time with reduced number of players.
7. The match will be played over 4 quarters of 10 minutes each.
8. **ALL OTHER RULES WILL BE FOLLOWED AS MENTIONED IN OFFICIAL BASKETBALL RULES**